



THE UNIVERSITY OF  
**MISSISSIPPI**  
**Health, Exercise Science,  
& Recreation Management**

## EXERCISE SCIENCE

### What does it mean to major in **Exercise Science**?

Exercise Science is the study of weight management, cardiopulmonary health, maintenance of functional movement throughout the lifespan, and the application of exercise science to athletic performance.

### Why is the University of Mississippi a good place to study **Exercise Science**?

Our program is the ideal place to study Exercise Science because it educates students about the most contemporary issues in the field. Our program is equipped with five state-of-the-art laboratories for Applied Biomechanics and Motor Control Lab, Blood Chemistry Lab, Center for Health Promotion and Behavior, Applied Exercise Physiology Lab, and Body Composition Lab.

### What can UM **Exercise Science** majors do after graduation?

Students who graduate with a bachelor's degree in this program can find employment as:

- group exercise instructors
- cardiopulmonary rehabilitation specialists
- employee fitness coordinators, personal trainers
- strength and conditioning coaches

Some students choose to further their education in areas such as:

- physical therapy
- occupational therapy
- nursing
- psychology
- athletic training
- nutrition
- education

### Where can I learn more about majoring in **Exercise Science**?

Health Exercise Science and Recreation Management

215 Turner Center

University, MS 38677-1848

Phone: (662) 915-5521

Email: [dbramlet@olemiss.edu](mailto:dbramlet@olemiss.edu)

Web: <http://www.olemiss.edu/depts/hesrm>

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## RECREATION ADMINISTRATION

### What does it mean to major in **Recreation Administration**?

A degree in Recreation Administration prepares students to become responsible for the smooth functioning of parks and recreation areas. Recreation Administration Specialists perform many jobs, including those of forest ranger, tour leader, and special outdoor events coordinator, just to name a few.

### Why is the University of Mississippi a good place to study **Recreation Administration**?

Our program, with a curriculum emphasizing management and marketing, is accredited by the National Recreation and Park Association. Our students have the option of choosing a minor in one of several areas or the Therapeutic Recreation specialization track.

### What can UM **Recreation Administration** majors do after graduation?

Some of our graduates continue on in our master's degree program and many go on to secure jobs in a variety of settings, such as:

- YMCA and YWCA
- Scouting Programs
- Therapeutic Recreation Programs
- University and Church Recreation Programs
- U.S. Armed Forces
- U.S. Forest Service
- State parks or forests
- Tourism Bureaus
- Municipal Recreation agencies and departments
- Private outdoor outfitters, adventure and guide services
- Resorts, cruise lines, ski areas, and tour companies
- Retirement Communities

### Where can I learn more about majoring in **Recreation Administration**?

Health Exercise Science and Recreation Management  
215 Turner Center  
University, MS 38677-1848  
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Email: [dbramlet@olemiss.edu](mailto:dbramlet@olemiss.edu)  
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THE UNIVERSITY OF  
**MISSISSIPPI**  
**Social Work**

### **What does it mean to major in Social Work?**

Social workers are committed to relieving suffering, affecting social change, and enabling people to overcome obstacles and lead productive lives. Students who major in Social Work learn to work with diverse populations and systems of all sizes to alleviate poverty and oppression and to provide social and economic justice for all citizens. Curriculum content includes social contexts of social work practice, the changing nature of those contexts, the behavior found in systems, and the dynamics of change.

### **Why is the University of Mississippi a good place to study Social Work?**

Our Social Work program has a very active student organization that gets hands-on experience with social and economic relief efforts by participating in community service events across the Oxford/Lafayette community.

### **What can UM Social Work majors do after graduation?**

Some students continue on after earning their Bachelor's degree to our Master's degree program. Others find jobs in a variety of fields including:

- Child Protective Services
- Foster Care/Adoption Services
- Family Preservation Services
- Hospital Social Services
- Home Health Care
- Specialized Medical Settings
- Public Health Services
- Substance Abuse Services Corrections Services
- Youth Court Services
- Gerontology Services
- Gero-Psychiatric Social Work
- Psychiatric Hospital Social Work
- Therapeutic Group Home Services
- Services for Developmentally Disabled
- School Social Work
- Community Mental Health Practice
- Medical Social Work in Clinics

### **Where can I learn more about majoring in Social Work?**

Department of Social Work  
212 Longstreet  
University, MS 38677-1848  
Phone: (662) 915-7336  
Email: [socialwk@olemiss.edu](mailto:socialwk@olemiss.edu)  
Web: <http://www.olemiss.edu/depts/socialwork>

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## THE UNIVERSITY OF MISSISSIPPI

### Communication Sciences and Disorders

#### What does it mean to major in **Communication Sciences & Disorders**?

A degree in Communication Sciences and Disorders prepares students to assist people of all ages with communication disorders and/or swallowing problems. It is well known that the ability to communicate is our most human characteristic. Research confirms that 10% of the U.S. population faces challenges in the areas of communication, which is why the need for professionals trained in this field is increasing. Students who plan to major in Communication Sciences and Disorders should possess various interpersonal skills such as effective listening and verbal communication. Also important is the ability to show compassion and sensitivity, as well as acceptance of diverse groups of clients. Students who major in this field plan to have a career in speech-language pathology, speech and hearing science, audiology, or deaf education; therefore, a strong understanding of the sciences is required.

#### Why is the University of Mississippi a good place to study **Communication Sciences & Disorders**?

The UM Speech and Hearing Center provides clinical training for students to give them hands-on experience in assessment, treatment, and rehabilitation services for clients in Mississippi and surrounding states. Our student organizations are very involved in the community (i.e., the CSD Hand Band, Total Communications Club, and the National Student Speech Language Hearing Association).

#### What can **Communication Sciences & Disorders** majors do after graduation?

A graduate degree is required following the Bachelor's program. Graduates of our Master's program can choose to work in a variety of settings:

- public and private schools
- nursing care facilities
- university clinics
- home health agencies
- State & Local health department
- Adult day care centers
- hospitals
- rehabilitation centers
- outpatient clinics
- private practice
- State & federal government agencies
- Centers for developmentally disabled

#### Where can I learn more about majoring in **Communication Sciences & Disorders**?

Department of Communication Sciences & Disorders

301 George Hall

University, MS 38677-1848

Phone: (662) 915-7652

Email: [csd@olemiss.edu](mailto:csd@olemiss.edu)

Web: [http://www.olemiss.edu/depts/comm\\_disorders](http://www.olemiss.edu/depts/comm_disorders)

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THE UNIVERSITY OF  
**MISSISSIPPI**  
Legal Studies

## CRIMINAL JUSTICE

### What does it mean to major in **Criminal Justice**?

Criminal justice is the study of the total system of justice and the society in which it functions. The curriculum focuses on definitions, causations, prevention, legal processes, and the treatment of criminals in our society. Students who major in criminal justice should possess qualities such as honesty, judgment, integrity, and a sense of responsibility.

### Why is the University of Mississippi a good place to study **Criminal Justice**?

Our experienced faculty integrates cutting edge information into the learning experiences of our students so that they can have an impact on the criminal justice system in Mississippi, the region, and the United States.

### What can **Criminal Justice** majors do after graduation?

Criminal justice is a multidisciplinary field with a variety of career paths, such as:

- Research Analyst
- Policy Analyst
- Graduate/Teaching Assistant in Graduate School
- Local, State, or Federal Law
- Enforcement Officer
- Sheriff's Officers
- Detective
- Court Administrator
- Case-flow Manager
- Probation Officer
- Public Defender's Assistant
- Prosecuting Attorney's Assistant
- Corrections Officer
- Drug/Alcohol Counselor
- Job-Placement Counselor
- Parole Officer
- Victim-Assistant Counselor
- Half-way House Administrator
- Juvenile Case-Worker
- Group-Home Counselor
- Private Law Enforcement
- Insurance Investigation
- State Crime Commissions
- Private Security
- Utility Companies
- Consumer Protection Agencies
- Civil Rights Commissions

### Where can I learn more about majoring in **Criminal Justice**?

Department of Legal Studies

203 Odom Hall

University, MS 38677-1848

Phone: (662) 915-7902

Email: [cbreid@olemiss.edu](mailto:cbreid@olemiss.edu)

Web: <http://www.olemiss.edu/depts/legalstudies>

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THE UNIVERSITY OF  
**MISSISSIPPI**  
**Legal Studies**

## PARALEGAL STUDIES

### What does it mean to major in **Paralegal Studies**?

Paralegal Studies is a dynamic major that prepares students to work alongside a licensed attorney. Paralegals conduct research and interviews, investigate information, and assist in preparing case materials for lawyers. The Paralegal Studies degree is also an excellent choice of major for students who plan to attend law school after receiving their bachelor's degree.

### Why is the University of Mississippi a good place to study **Paralegal Studies**?

Our university is the perfect place to pursue Paralegal Studies because our outstanding program is staffed by highly qualified faculty and our university has adequate resources to ensure the quality of our students' education.

### What can **Paralegal Studies** majors do after graduation?

Graduates of our program find career opportunities in the following types of work settings:

- Private law firms
- Banks
- Corporations
- Insurance agencies
- Courts
- Engineering firms
- Title companies
- Construction companies
- Legal aid offices
- State and local government agencies

### Where can I learn more about majoring in **Paralegal Studies**?

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THE UNIVERSITY OF  
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**Nutrition &  
Hospitality Management**

## **DIETETICS & NUTRITION**

### **What does it mean to major in Dietetics and Nutrition?**

A degree program in Dietetics and Nutrition prepares students for a profession in the health care and foodservice industry. Dietitians play an intricate role in the prevention and treatment of illnesses by promoting healthy eating habits and food preparation skills. After graduation, students secure dietetic internships prior to taking the national registration exam for dietitians.

### **Why is the University of Mississippi a good place to study Dietetics and Nutrition?**

Our program is accredited by the Commission on Accreditation for Dietetics Education (CADE), a division of the Academy of Nutrition and Dietetics. Our challenging curriculum integrates human nutrition, biological and chemical sciences, food science, and foodservice management. All of the dietetics faculty are registered dietitians with backgrounds in the field of nutrition and foods. Faculty work closely with students in teaching, advising, and preparing students to be successful in a highly varied profession.

### **What can Dietetics and Nutrition majors do after graduation?**

Upon graduation, our graduates complete an internship and sit for a registration examination to become a registered dietitian with career opportunities in the following areas:

- Hospitals
- Health-care facilities
- Community wellness programs
- Business and industry
- School and university food services
- Private practice
- Food service management
- Specialty clinics (cancer, renal, obstetrics/gynecology, obesity, disease prevention)
- Public policy and health and health advocacy
- Food and nutrition writing
- Public health departments

### **Where can I learn more about majoring in Dietetics and Nutrition?**

Department of Nutrition and Hospitality Management

100 Lenoir Hall

University, MS 38677-1848

Phone: (662) 915-7371

Email: [nhm@olemiss.edu](mailto:nhm@olemiss.edu)

Web: <http://www.olemiss.edu/depts/nhm>

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THE UNIVERSITY OF  
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**Nutrition &  
Hospitality Management**

## HOSPITALITY MANAGEMENT

### What does it mean to major in **Hospitality Management**?

The Hospitality Management program provides students with the opportunity to study one of the largest and fastest growing industries in the world. Students who major in Hospitality Management will not only receive a theoretical view of the industry but also learn from a practical “hands-on” perspective. Students also gain management knowledge through diverse experiences, including study USA, study abroad, field trips and internships. Students earn a professional degree with entry-level management positions available upon graduation. In 2009, the average entry-level restaurant manager starting annual salary was over \$43,000.

### Why is the University of Mississippi a good place to study **Hospitality Management**?

Forbes magazine has included The University of Mississippi in its Top 20 “Best Buy” colleges. Our faculty members are dynamic and highly qualified, with expertise in many facets of the hospitality industry. Students can join our very active student organization Ole Miss Ambassadors for Southern Hospitality (OMASH) designed to bridge the gap between student life and the professional world. Internal and external scholarships are awarded annually to qualifying hospitality management students. Our program offers several opportunities for students to study hospitality in the U.S. and abroad. Destinations include Ashville, Chicago, Italy, Las Vegas, London (UK), and New York City. One of our key program features is Lenoir Dining, the department’s own full-service fine-dining restaurant, which allows students hand-on experience by rotating through various positions involved in the running of the restaurant from serving to management.

### What can **Hospitality Management** majors do after graduation?

Students who graduate with a degree in hospitality management can find career opportunities in:

- Restaurant, food and beverage, and food-service operations
- Hotels, resorts, spas
- Travel & tourism
- Event planning
- Cruising
- Club management
- Convention centers, visitor bureaus
- Special events
- Casinos and entertainment centers

### Where can I learn more about majoring in **Hospitality Management**?

Department of Nutrition and Hospitality Management

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